

Suggestions for Teachers for ADHD Children

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Teaching strategies for the ADHD child can often be a challenge given the special considerations needed to get them to focus attention and stay on task for a significant period of time. Your child's teacher is an integral part of your child's success in school and in their overall education. Here are some helpful hints when discussing your child's progress in school and any behavior problems they be having.

- 1.) Seat an ADHD child close to the teacher. If a child with ADHD is in the back of the classroom there are often too many opportunities to be distracted as well as their being able to distract other students.
- 2.) When instructions in class are given verbally by the teacher, have the teacher keep the instructions brief and short. Break the information down into smaller pieces, if not the ADHD child will get "lost" along the way.
- 3.) Have your ADHD child keep a "homework" agenda. All homework assignments are to be written in a "special" agenda and no where else.
- 4.) Organization is a problem for a child with ADHD. Have the teacher check to see if homework assignments have been written down at the end of the day. If the teacher is unable to check each day, see if a "buddy" can be assigned for your child to check at the end of the school day if homework assignments have been written in the agenda.
- 5.) When completing homework assignments with your ADHD child, break the tasks up into small steps. Give them breaks during homework time, this will take longer to complete homework, however both you and your child will be a lot less frustrated at the end of the day.
- 6.) Follow up with both your child and your child's teacher on any homework assignments that are not being turned in. Nothing is worse then getting a zero because your child "forgot" to turn in homework or assignments that have already been completed and are sitting in your child's folder. Don't let your child get too far behind in their work or worse yet let them have failing grades.
- 7.) The classroom should be very structured. Meaning that your child's teacher should convey to your child what is expected each day, how work is to be done, and when it is due. There should be no guesswork for your child!!